



EMERGENCY FIRST RESPONDER (EFR) PSYCHOMOTOR ASSESSMENT (PART 2)

Applicant's Name: _____

Verification ID: _____

Mark ✓ next to the skills completed successfully

Mark X next to the skills performed incorrectly or skill(s) missed

MODULE A (NEUROLOGICAL EXAM):

This module will assess your ability to perform an ACTS Neurological Exam using the "LVOMP" Outline. You will have 5 minutes to complete this assessment.

FOR TEST PROCTOR USE ONLY:

- Rescuer verbalizes BSI and determines scene safety
 - Rescuer introduces him or herself to the patient
 - Rescuer gains consent from the patient to perform a "Neurological Exam" and explains each operation being performed
-
- Assesses for any form of altered mental status with regard to time, location, and identity
 - Conducts a "Horizontal Nystagmus Gaze" test by instructing the patient to follow a target with their eyes, such as the finger of the first aider, in a left to right motion
 - Assures pupils are bilaterally reactive to light by applying light stimuli to both eyes, and watching for appropriate pupil dilation and constriction
 - Conducts the "Finger-to-Nose" test and observes for possible limb ataxia
 - Assesses for adequate peripheral vision within four visual fields + Applies stimulation bilaterally and simultaneously to the patient's limbs while asking the patient to verbalize any differences in feeling.

Circle One:

PASS / FAIL Test Proctor Initials: _____ Date: _____

MODULE B (VITALS ASSESSMENT):

This module will assess your ability to use a sphygmomanometer and stethoscope to adequately take a blood pressure, and to measure a patient's heart rate using their radial pulse. You will have 1 minute to check your equipment. You will be given 7 minutes to complete this assessment.

FOR TEST PROCTOR USE ONLY:

- Rescuer verbalizes BSI and determines scene safety
 - Rescuer introduces him or herself to the patient
 - Rescuer gains consent from the patient to perform a "Vitals Assessment" and explains each operation being performed
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BLOOD PRESSURE ASSESSMENT

- Rescuer obtains access to the antecubital fossa and palpates a brachial pulse
 - Rescuer correctly applies the sphygmomanometer superior to the antecubital fossa
 - Rescuer uses a stethoscope to auscultate korotkoff sounds correctly to determine a systolic and diastolic measurement in mm/Hg
 - Rescuer deflates cuff
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HEART RATE ASSESSMENT

- Rescuer exposes patient's wrist
 - Rescuer uses their index and middle finger to palpate a radial pulse for 30 seconds
 - Rescuer multiplies the quantity by (x2) to determine beats per minute (BPM)
 - Assures pulses are bilateral
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DOCUMENTATION

- Rescuer verbalizes both of these measurements to the test proctor
-

Circle One:

PASS / FAIL Test Proctor Initials: _____ Date: _____

MODULE C (MEDICAL ASSESSMENT):

This module will assess your ability to perform a Medical Assessment in accordance with ACTS protocols. Make sure to verbalize all procedures and treatments. Explain each step as you go. Your test proctor will provide you with the patient's condition. You will have 1 minute to check your equipment. You will have 15 minutes to complete this module.

FOR TEST PROCTOR USE ONLY:

- Rescuer verbalizes BSI and determines scene safety
 - Rescuer requests for additional resources (or Code Red) if necessary
 - Considers stabilization of the cervical spine
-

PRIMARY ASSESSMENT:

- Rescuer utilizes the "AVPU" scale to determine level of consciousness
 - Assesses life-threats or major hemorrhaging
 - Assesses airway and respirations
 - Assesses circulation
 - Determines chief complaint
-

HISTORY:

- Determines signs and symptoms- OPQRST (**O**nset **P**rovocation **Q**uality **R**adiation **S**everity **T**ime)
 - Takes past history- AMPLE (**A**llergies **M**edications **P**ertinent history **L**ast oral intake **E**vents leading up)
-

SECONDARY ASSESSMENT:

- Assesses affected body part/system
 - Takes vitals (Blood Pressure, Pulse, Respiratory rate and quality)
 - States field impression of the patient
 - Interventions (verbalizes proper treatment/interventions)
-

REASSESSMENT:

- Demonstrates how and when to reassess the patient to determine changes in condition
 - Accurately transfers patient to advanced services
-

Circle One:

PASS / FAIL Test Proctor Initials: _____ Date: _____

MODULE D (TRAUMA ASSESSMENT):

This module will assess your ability to perform a Trauma Assessment in accordance with ACTS protocols. Make sure to verbalize all procedures and treatments. Explain each step as you go. Your test proctor will provide you with the patient's condition. You will have 1 minute to check your equipment. You will have 15 minutes to complete this module.

FOR TEST PROCTOR USE ONLY:

- Rescuer verbalizes BSI and determines scene safety
 - Rescuer requests for additional resources (or Code Red) if necessary
 - Considers stabilization of the cervical spine
-

PRIMARY ASSESSMENT:

- Rescuer utilizes the "AVPU" scale to determine level of consciousness
 - Assesses life-threats or major hemorrhaging
 - Assesses airway and respirations by performing the "jaw thrust" maneuver
 - Assesses circulation (radial pulse, capillary refill)
-

SECONDARY ASSESSMENT:

- Inspects and palpates head and ears
- Assures pupils are bilaterally reactive to light by applying light stimuli to both eyes, and watching for appropriate pupil dilation and constriction
- Inspects mouth and nose using "DCAP-BTLS" to assess facial area
- Checks position of the trachea and inspects for jugular venous distention
- Inspects and palpates chest using "DCAP-BTLS" to assess thorax
- Auscultates lung sounds, verbalizes quality
- Inspects and palpates all four quadrants of the abdomen, assesses quality
- Assures pelvis is intact
- Inspects, palpates, and assess motor, sensory, and distal function of the lower extremities
- Inspects, palpates, and assess motor, sensory, and distal function of the upper extremities

REASSESSMENT:

- Demonstrates how and when to reassess the patient to determine changes in condition
 - Accurately transfers patient to advanced services
-

Circle One:

PASS / FAIL Test Proctor Initials: _____ Date: _____

MODULE E (BVM VENTILATION):

This module will assess your ability to use a Bag Valve Mask (BVM) to appropriately ventilate an apneic patient. You will have 1 minute to check your equipment. You will be given 2 minutes to complete this assessment.

FOR TEST PROCTOR USE ONLY:

- Rescuer verbalizes BSI and determines scene safety
 - Rescuer requests for additional resources (or Code Red) if necessary
-

PRIMARY ASSESSMENT

- Rescuer checks for breathing and pulse simultaneously **no more than 10 seconds**
 - Rescuer utilizes the "AVPU" scale to determine level of consciousness
-

TREATMENT

- Rescuer performs the "jaw thrust" maneuver to open the airway
 - A BVM is assembled correctly and applied to the patient
 - Rescuer uses the "E-C" method while performing a "head tilt, chin lift" to ventilate the patient
 - Rescuer ventilates the patient with 1 breath every 5-6 seconds, each ventilation should last 1 second long
 - Rescuer rechecks carotid pulse to determine mechanical output
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Circle One:

PASS / FAIL Test Proctor Initials: _____ Date: _____

MODULE F (CARDIAC ARREST MANAGEMENT):

In this module, you will be assigned to a partner with your level of training to perform appropriate cardiac arrest management in accordance with 2015 American Heart Association and Emergency Cardiovascular Care Guidelines. You will be equipped with a Bag Valve Mask (BVM) and an Automated External Defibrillator (AED). You will have 1 minute to check your equipment. You will be given 4 minutes to complete this assessment. Module F will be monitored by an authorized BLS instructor.

FOR AUTHORIZED BLS INSTRUCTOR USE ONLY:

Circle One:

PASS / FAIL Instructor Initials: _____ Date: _____

Overall Score (Circle One):

PASS / FAIL

Comments:

INSTRUCTOR _____ **SIGNATURE** _____ **DATE** _____